

# Grand Prix Sokoła 2016

Poz	Nazwisko, Imię	Plec	Rok	Kat	Kraj	Klub	Miasto	Bieg Sokoła	Bieg Marduły	Bieg Zamoyskiego	Suma
1	Faron Robert	M	1974	M40	POL	Salco Sport Team	Kamienica	01:27:50,0	03:11:15,5	00:49:37,1	<b>05:28:42,6</b>
2	Baran Artur	M	1986	M39	POL	Ks Limanowa Forrest	Dobra	01:20:29,0	03:27:18,2	00:46:02,2	<b>05:33:49,4</b>
3	Wychowalek Jan	M	1990	M39	POL	AkademiaBiegacza.pl S.L.SALOS-WODNA	PIOTRKÓW TRYBUNALSKI	01:22:41,2	03:29:22,9	00:42:49,8	<b>05:34:53,9</b>
4	Grochowski Marek	M	1970	M40	POL	T.G. Sokół Zakopane	Gdańsk	01:23:31,1	03:35:33,4	00:44:46,7	<b>05:43:51,2</b>
5	Falkowski Krzysztof	M	1981	M39	POL	Woodward Runners	Kraków	01:30:02,4	03:43:37,9	00:45:51,6	<b>05:59:31,9</b>
6	Baranow Tomasz	M	1976	M40	POL		Platerów	01:32:58,2	03:39:19,5	00:47:36,8	<b>05:59:54,5</b>
7	Zdanowski Łukasz	M	1990	M39	POL	Dare2B Team	Siedlce	01:27:41,8	03:48:09,5	00:49:54,8	<b>06:05:46,1</b>
8	Jakubiec Szymon	M	1980	M39	POL	Lacho Team	Kraków	01:31:32,0	03:54:09,9	00:44:51,0	<b>06:10:32,9</b>
9	Moskaliak Tomasz	M	1978	M39	POL	TG Sokół Zakopane	Szczawnica	01:35:01,3	03:56:17,4	00:47:40,1	<b>06:18:58,8</b>
10	Topolski Marcin	M	1976	M40	POL	BKB Victoria Brzesko	Jadowniki	01:36:24,3	03:57:34,1	00:47:36,0	<b>06:21:34,4</b>
11	Góral Grzegorz	M	1984	M39	POL	Góral Heej!	Swoszowice	01:32:06,4	04:00:43,0	00:54:05,8	<b>06:26:55,2</b>
12	Sulek Wojciech	M	1981	M39	POL		Zakopane	01:31:38,0	04:05:25,1	00:50:19,7	<b>06:27:22,8</b>
13	Wacko Marcin	M	1985	M39	POL	Smashing Papkins	Warszawa	01:38:24,8	04:04:41,5	00:47:42,7	<b>06:30:49,0</b>
14	Stec Krzysztof	M	1982	M39	POL	BPH RUNNERS TEAM	Bochnia	01:38:32,1	04:08:01,1	00:49:41,2	<b>06:36:14,4</b>
15	Chłanda Sebastian	M	1985	M39	POL	Grupetto Gorlice	Gorlice	01:34:46,0	04:14:07,5	00:50:04,8	<b>06:38:58,3</b>
16	Hyży Piotr	M	1980	M39	POL	Vege Runners	Tarnowiec	01:36:31,5	04:12:56,2	00:49:50,4	<b>06:39:18,1</b>
17	Zakrzewski Aleksander	M	1970	M40	POL		Zgorzelec	01:38:15,1	04:16:24,4	00:50:45,6	<b>06:45:25,1</b>
18	Hatala Mariusz	M	1982	M39	POL	JW Nil	Bielsko-Biała	01:36:48,6	04:15:46,6	00:55:46,6	<b>06:48:21,8</b>
19	Stopa Michał	M	1985	M39	POL	RUNHOGS Tychy	Tychy	01:41:16,1	04:14:39,1	00:52:29,7	<b>06:48:24,9</b>
20	MICHALSKI ROBERT	M	1982	M39	POL	12tri.pl	Warszawa	01:46:27,0	04:15:36,9	00:50:30,8	<b>06:52:34,7</b>
21	Chłopek Kazimierz	M	1979	M39	POL	Nowa Huta Team	Kraków	01:41:45,2	04:17:19,4	00:53:51,5	<b>06:52:56,1</b>
22	Chodakowski Marcel	M	1978	M39	POL	Klub Biegacza Geotermia Uniejów	Poddębice	01:38:23,8	04:22:56,3	00:52:03,7	<b>06:53:23,8</b>
23	Cieniawski Piotr	M	1979	M39	POL	Węglokoks Kraj KWK Piekary	Bytom	01:44:15,7	04:27:35,7	00:49:56,3	<b>07:01:47,7</b>
24	Badura Adam	M	1978	M39	POL	Forma Wodzisław Śląski	Rybnik	01:41:54,7	04:25:35,4	00:54:36,6	<b>07:02:06,7</b>
25	Ceremuga Mateusz	M	1991	M39	POL	STS BIEGATON MIKOŁÓW	Orzesze	01:40:02,2	04:36:40,5	00:49:29,6	<b>07:06:12,3</b>
26	Trela Bartłomiej	M	1981	M39	POL	PokonajAstme.pl	Zgłobice	01:48:09,9	04:24:29,4	00:54:32,5	<b>07:07:11,8</b>
27	Kubin Ireneusz	M	1972	M40	POL	TG Sokół Zakopane	ZAKOPANE	01:40:05,1	04:33:41,8	00:54:25,7	<b>07:08:12,6</b>
28	Timofiejuk Paweł	M	1978	M39	POL	Albatrosy	Warszawa	01:48:16,9	04:35:15,4	00:50:22,8	<b>07:13:55,1</b>
29	Major Stefan	M	1956	M60	POL	Ambitni Amatorzy	Żarki	01:45:36,8	04:37:00,1	00:59:53,2	<b>07:22:30,1</b>
30	Majewski Tomasz	M	1980	M39	POL	WIDŁOROGI	Wołomin	01:47:44,2	04:45:51,8	00:50:59,0	<b>07:24:35,0</b>
31	Dubowiecki Witek	M	1971	M40	POL	Chata Biegacza K34	Zakopane	01:46:04,6	04:44:48,5	00:54:04,9	<b>07:24:58,0</b>
32	Dembski Paweł	M	1982	M39	POL	wybiegaj.to	Skórzewo	01:42:08,3	04:51:34,5	00:54:54,3	<b>07:28:37,1</b>
33	Kęsy Marcin	M	1985	M39	POL	KAWA KAMP / TriRun	Poznań	01:29:33,2	05:19:33,2	00:42:20,6	<b>07:31:27,0</b>
34	Szecówka Zbigniew	M	1974	M40	POL	Ambitni Amatorzy	Poraj	01:44:05,4	04:52:07,7	00:56:33,7	<b>07:32:46,8</b>

35	Wahl Daniel	M	1977	M39	POL	T.S. AKS Chorzów	Chorzów	01:48:14,4	04:49:13,8	00:56:02,8	<b>07:33:31,0</b>
36	BEHOUNEK LESZEK	M	1959	M50	POL	TG Sokół Zakopane	Zakopane	01:44:42,0	04:52:15,5	00:57:10,0	<b>07:34:07,5</b>
37	Bolechowska Dominika	K	1975	K40	POL	Attiq Team Zakopane	Zakopane	01:49:52,3	04:46:23,5	00:59:53,0	<b>07:36:08,8</b>
38	Niewiadomski Dariusz	M	1972	M40	POL		Łódź	01:50:20,4	04:43:20,1	01:04:00,2	<b>07:37:40,7</b>
39	Sęk Tomasz	M	1983	M39	POL		Piastów	01:53:00,3	05:07:07,1	00:52:48,5	<b>07:52:55,9</b>
40	Worobiec Józef	M	1957	M50	POL	UMKS NADIR JĘDRZEJÓW	Jędrzejów	01:49:55,2	05:05:52,2	00:59:42,1	<b>07:55:29,5</b>
41	SZYMIK MARCIN	M	1973	M40	POL	RATOWNIK GÓRNICZY	CHORZÓW	02:02:08,5	04:57:37,1	00:56:40,7	<b>07:56:26,3</b>
42	Niemyt Adam	M	1989	M39	POL		Poznań	01:49:23,3	05:19:33,2	00:50:03,5	<b>07:59:00,0</b>
43	Nigot Krzysztof Kropeczka	M	1973	M40	POL	9 Dywersyjna	Warszawa	01:54:50,1	05:14:39,6	00:53:33,3	<b>08:03:03,0</b>
44	Kanclerz-Januszewska Katarzyna	K	1966	K50	POL		Jastrzębie-Zdrój	01:56:11,6	05:09:49,5	00:57:58,5	<b>08:03:59,6</b>
45	Wesołowski Krzysztof	M	1983	M39	POL	Deutsche Bank Marathon Team	Kraków	01:55:36,2	05:08:37,8	01:00:00,7	<b>08:04:14,7</b>
46	Łabudzki Dariusz Jacek	M	1960	M50	POL	TSA Sandomierz	Sandomierz	01:59:41,5	05:12:36,6	00:59:49,2	<b>08:12:07,3</b>
47	Świerczek Grzegorz	M	1970	M40	POL		Zawiercie	02:03:47,0	05:06:51,3	01:01:42,8	<b>08:12:21,1</b>
48	Głowacki Jacek	M	1961	M50	POL	Biegamy z Ochotą	Warszawa	02:06:44,8	05:09:40,3	01:00:38,0	<b>08:17:03,1</b>
49	Pręcikowski Ryszard	M	1970	M40	POL		Wieliczka	02:01:22,0	05:16:09,6	00:59:40,2	<b>08:17:11,8</b>
50	Kwiatkowska Kinga	K	1988	K39	POL		Kraków	02:04:44,2	05:07:27,9	01:05:16,4	<b>08:17:28,5</b>
51	Mars Maksymilian	M	1975	M40	POL	Ericpol RunTime	Kraków	02:13:55,6	05:08:01,9	00:59:21,9	<b>08:21:19,4</b>
52	Obarzanowski Michał	M	1978	M39	POL	miastologia	Myślenice	01:55:25,9	05:16:45,9	01:09:46,7	<b>08:21:58,5</b>
53	Zbijowska Ewelina	K	1984	K39	POL	BB Runners	Bielsko - Biała	02:01:07,5	05:21:55,0	01:01:33,4	<b>08:24:35,9</b>
54	Erenberg Rafał	M	1982	M39	POL	EDC Team	Piotrków Tryb.	01:58:41,6	05:29:58,2	01:04:22,1	<b>08:33:01,9</b>
55	Wieruszewska Agata	K	1979	K39	POL	KWW	Warszawa	02:10:06,0	05:15:23,8	01:07:48,8	<b>08:33:18,6</b>
56	Leśnowolski Piotr	M	1968	M40	POL		Warszawa	02:13:12,5	05:14:52,5	01:06:18,4	<b>08:34:23,4</b>
57	Stec Włodzimierz	M	1953	M60	POL	TG Sokół Zakopane	Zakopane	01:58:31,9	05:27:10,1	01:09:05,9	<b>08:34:47,9</b>
58	Pogocki Piotr	M	1979	M39	POL		Knurów	01:56:52,4	05:41:43,8	00:56:27,4	<b>08:35:03,6</b>
59	Świderski Sławomir	M	1972	M40	POL	Bemovia	Okuniew	02:08:29,9	05:35:02,8	00:56:44,2	<b>08:40:16,9</b>
60	Łakomy Waldemar	M	1959	M50	POL	Bukowski Klub Biegacza	Buk	02:02:59,9	05:38:26,5	01:00:34,3	<b>08:42:00,7</b>
61	Grzesik Jędrzej	M	1980	M39	POL	9 Dywersyjna	Warszawa	02:08:10,7	05:34:08,8	01:05:37,8	<b>08:47:57,3</b>
62	JAMRÓZ MARIOLA	K	1969	K40	POL	Fitness Club TAO	Kielce	02:14:10,3	05:39:03,8	01:05:52,7	<b>08:59:06,8</b>
63	Jakubowski Wojciech	M	1974	M40	POL	KB Geotermia Uniejów	Uniejów	02:13:11,9	05:48:33,9	01:03:26,8	<b>09:05:12,6</b>
64	Madej Mirosław	M	1964	M50	POL		Kraków	02:13:13,8	05:44:53,8	01:07:45,8	<b>09:05:53,4</b>
65	Młynarczyk Krzysztof	M	1973	M40	POL	Fizjobiegacze Szczecin	Szczecin	02:07:20,5	05:56:35,6	01:05:22,4	<b>09:09:18,5</b>
66	ROMAŃSKA MARTA	K	1970	K40	POL		BOLEŃ	02:14:26,5	05:54:18,0	01:08:14,5	<b>09:16:59,0</b>
67	Świerczek Marta	K	1980	K39	POL		Zawiercie	02:17:44,2	05:46:02,0	01:14:17,8	<b>09:18:04,0</b>
68	Michalak Sławomir	M	1967	M40	POL	inzygnier.eu nosi trailowe botki	Pruszków	02:23:32,6	05:48:26,0	01:23:51,4	<b>09:35:50,0</b>